



## Bar Lunch Menu

### 12.30pm-3.30pm

#### Starters

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#### **Freshly made Soup of the Day €6.50**

Served with a Bread Roll or Brown Bread

(1)(2)(4)

#### **Spicy Chicken Wings €8.90**

Cooked with Lemon Pepper & Tossed in Louisiana Hot Sauce with Blue Cheese Mayo & Carrot Sticks

(1)(2)(3)(4)

#### **Tandoori Chicken Caesar Salad €8.90**

**(Main Course €17.50)**

Tandoori Chicken, Cos Lettuce, Bacon, Croutons, Parmesan,  
& Caesar Dressing

(1)(3)(4)(5)(10)

#### **Double Dipped Stilton Mushrooms €8.50**

Served on Garlic Mayonnaise & Sakura Salad

(1)(3)(4)(5)



## **Main Courses**

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### **Roast Sirloin of Beef €16.00**

Served with Roast Gravy, Seasonal Vegetables & Potatoes  
(1)(4)(13)

### **Honey Glazed Turkey & Ham €15.00**

Served with Stuffing, Roast Gravy, Seasonal Vegetables & Potatoes  
(1)(2)(4)(13)

### **Fish of The Day €15.00**

Please ask your server for more details

## **Baked Filled Sweet Potatoes**

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### **Tandoori Chicken €10.50**

Cheese, Guacamole, Sweet Chilli Mayo and Sour Cream  
Served with Salad and Coleslaw  
(4)(3)(5)

### **Tuna & Sweetcorn €10.50**

Onion, Mozzarella, Sundried Tomato and Mayo  
Served with Salad and Coleslaw  
(3)(4)(10)(5)

### **Roast Veggies €10.50**

Hummus, Red Pepper and Beetroot  
Served with Salad and Coleslaw  
(7)(5)



## **Gourmet Sandwiches**

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### **Ham & Cheese €8.90**

Ham, Cheese, Relish and Mixed Leaves Served in Toasted Sour Dough Bread  
(1)(2)(3)(4)

### **The Roman €9.90**

Roast Turkey, Herb Stuffing, Rocket, Red Onion, Brie & Cranberry Sauce  
Served in a Brioche Bap  
(1)(3)(4)(5)

### **The Veggie €8.90**

Roast Veg, Hummus, Goat's Cheese, Mango Chutney and Mixed Leaves Served  
in a Gourmet Panini  
(1)(3)(4)(7)

### **Tandoori Chicken Wrap €9.50**

Tandoori Chicken, Avocado, Cheddar Cheese, Sweet Chilli, Mayo & Mixed  
Leaves  
(1)(3)(4)(5)

### **Open Smoked Salmon €12.90**

Smoked Salmon, Relish, Cream Cheese and Rocket Served on Toasted Sour  
Dough  
(1)(4)(5)(10)

### **BLAT €8.90**

Bacon, Butter Lettuce, Avocado and Tomato, served with Mayo on Sour Dough  
Toast  
(1)(3)(4)

*All sandwiches are served with side salad*

## Salads

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### Smoked Salmon Salad €14.00

Avocado, Tomato, Cucumber and Onion with a Caesar Dressing  
(2)(3)(4)(5)(10)

### Hummus Energy Salad €12.00

Beetroot, Toasted Seeds, Tomato, Onion, Cucumber Mixed Salad and Pepper  
Hummus  
(3)(4)(5)(7)

## Freshly Made Sandwiches

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### Choose 3 fillings

**Honey Baked Ham** (13)(1), **Roast Chicken** (1), **Beef** (5) (1), **Turkey, Salad** (1), **Tuna** (10) (1), **Cheese** (4) (1), **Red Onion, Sweetcorn, Cucumber, Tomato**

### Plain Sandwich €6.50

### Toasted Sandwich €7.50

### Soup & Sambo Deal €11.50

(2)(4)

#### ALLERGENS

